

**Project Blessing** – Volunteers for FRG programs to assist FRGs with morale and emotional wellness of deployed soldiers and families. Volunteer approval and training required by National Guard or Reserve.

**Vehicle Care Because We Care** - Preventative maintenance (oil and lube) and vehicle inspections made available to spouses of deployed members in order to identify potential repair problems before they become serious and more costly.

**Handy Man Special** - Assists spouses of deployed members to make small repairs to home and small appliances.

**Habitat for Soldiers** - Addresses the larger home repairs and maintenance jobs that are not covered by insurance. This would include painting, roof repairs, tree trimming (no removals), landscaping maintenance, etc. This is an annual program.

**Financial Budgeting and Planning** – in conjunction with established community based programs, families are taught how to budget, correct poor or bad credit, plan for the future.

**Youth Programs** - After school programs, tutoring, and school break and summer camp programs that are directed specifically toward the military child.

**Marriage Counseling** – after a year or more away from home, reintegration into the home itself can be difficult for the whole family.

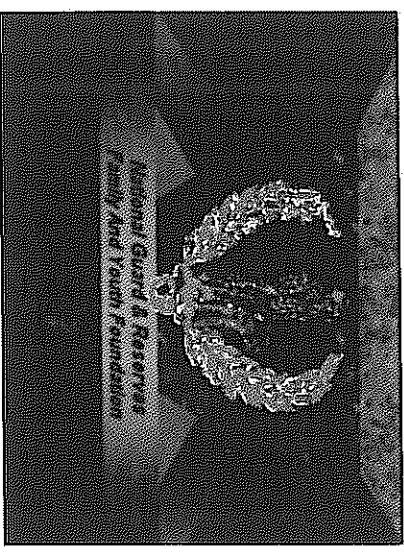
**Local Education Programs** - Entry Level Job Training is made available through local educational programs.

**Injured Soldier and Grief Counseling** – Assists FRG Coordinators with continuing the family wellness care of these families.



**National Guard and Reserves Family and Youth Foundation PO Box 6022 Anaheim, CA 92806 Phone (714) 992-5054**

# **National Guard and Reserves Family and Youth Foundation**



# THE NATIONAL GUARD AND RESERVES FAMILY AND YOUTH FOUNDATION

The NGRFYF is a non-profit corporation created to assist families of the National Guard and Reserves in times of crisis.

Our mission is to provide assistance with the day to day issues faced by National Guard members, Reservists, their families and these veterans.

The NGRFYF focuses its assistance in three main areas:

- Emergency Assistance
- Education Assistance
- Community Enhancement

## OUR PROGRAMS:\*

### EMERGENCY ASSISTANCE:

NGRFYF, through a variety of emergency assistance programs, will assist with Basic Living needs, emergency travel, vehicle and home repair, funeral, medical, dental, moving expenses, as well as respite and other emergency situations.

Food Pantry – NGRFYF forms alliances with local stores and community food pantries to assure every National Guard and Reserve families will have access to food stuffs.

### EDUCATION ASSISTANCE:

The NGRFRF Education Assistance is a need-based program to be awarded to National Guard and Reservist dependants who are enrolled full-time in undergraduate programs. Various categories of eligible applicants will benefit from this. These grants are competitive in need-based selection criteria. The number of grants the NGRFYF can fund each year depends on available resources as shared among emergency assistance, education and community enhancement programs.

## CHILD CARE PROGRAMS

- **Give Parents a Break** – for stress relieving child care, targeting families in high stress situations.
- **Child Care for change of HOR** - Up to 20 hours of child care for moving families to help reduce the stress of moving.
- **Child Care for FSG Volunteers** - Program targets volunteers supporting Commander FRG Programs

**Project Holiday Smiles** - Originating as a California State Military Reserve Christmas Gift Program; its goal is to ensure that no child, who is under the age of 18 and whose parent is currently a Guard or Reservist, goes without a Christmas gift. This program has been expanded to include Easter baskets and Back-to-School back-packs for minor dependants.

## PARENTING PROGRAMS

- **Baskets for Babies** – Directed to expectant families who have completed budgeting and parenting classes.
- **Wellness** – A variety of classes and materials to enhance parenting skills.

\* Program availability varies for each community. Please call to ascertain program availability in your area.

## COMMUNITY ENHANCEMENT